

Dr. A. B. Consentino School Guidance Department

Inside this issue:

- Updates from the Guidance Department
- Important Spring dates
- Information for 8th grade students and parents
- Elementary tips from Mrs. Lord

Happy Spring!

After a rough winter and many snow days, it looks like spring has finally sprung and we are welcoming the sunny, warm days ahead!

Our Consentino students have been working hard both in class and on the PARCC test. Our 8th graders are getting ready to transition to high school while our other middle school students and preparing to take the big step to the next grade.

Students will continue to work with their school counselors individually and in small groups on any academic, social, and emotional concerns as they arise.

Please feel free to contact your child's counselor with the contact information below.



Your Consentino School Counselors

Your School Guidance Counselors are best reached through email but can also be reached by phone. Please feel free to contact us with any questions or concerns, as well as to schedule appointments or meetings.

Mrs. Lord: Grades K-5 School Counselor

ashlyn.lord@haverhill-ps.org

(978) 374-5775

Fax: (978) 374-3442

Mrs. Prochilo: Grades 6-8 School Counselor

kprochilo@haverhill-ps.org

(978) 374-5775

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REMINDER:

Haverhill High School STEM
Academy Information Technology
Pathway applications are due on
Monday, April 6!



8th Grade Students and Parents

During the spring season, Mrs. Prochilo will be working with 8th grade students who will be attending Haverhill High School for 9th grade to help them select their courses. After teachers make recommendations for English, Math, History, and Science, students will be given the opportunity to explore and choose elective courses and foreign language courses. Please check the Guidance website often and keep your eye on Mr. Mele's weekly parent news for important dates and deadlines involved in this process. Feel free to contact Mrs. Prochilo with any questions. Students who have applied to Whittier Tech will receive their admissions decisions on April 1.

Students who have applied to Essex Tech will receive their admissions decisions in the month of April. If your student will be attending a private high school or another high school in a different town, please make sure your child has met with Mrs. Prochilo to discuss the transition process.

Important Spring Dates

Wednesday, April 1—Trimester 2 Report Cards
Thursday, April 2—Parent Teacher Conferences 6-7:30pm
Friday, April 3—No School, Good Friday
Monday, April 6—STEM Academy IT Pathway applications are due
Monday, April 20—Friday, April 24—No School, vacation
Wednesday, May 6—Trimester 3 Progress Reports
Monday, May 25—No School, Memorial Day
Wednesday, June 24—Last Day of School

**Check back often for updates
on important Spring dates!**

For 7th Grade Students...

For 7th grade students, keep in mind that high schools that require applications, such as Whittier Tech, Essex Tech, and private schools, look at report cards and attendance records from both 7th and 8th grade. Additionally, creating some good study and work habits now will make you more prepared for high school wherever you end up! Keep working hard and stay motivated this year and next year! Please see Mrs. Prochilo to talk about your future goals.

Elementary Tips from Mrs. Lord

Preparing Your Child For Transition

Anxiety is a normal feeling when transitioning to a new grade or school. Some children will be affected by grade/school transitions more than others. Whether your child is entering kindergarten, starting middle school, or just moving up another grade, preparing him/her is very helpful and important

*Focus On The Positives: new friends, new teachers, and new opportunities

*Address Fears: listen to and validate your child's fears, talk about fears you had at their age & how you handled it.

*Attend School Events: take advantage of orientations, many include tours of the building.

*Reach Out For Support: if your child is experiencing high levels of anxiety about the upcoming transition, consult available resources (books, internet, family friends) or the school counselor and teacher.

"TOO OFTEN WE
UNDERESTIMATE THE
POWER OF A TOUCH, A
SMILE, A KIND WORD, A
LISTENING EAR, AN
HONEST COMPLIMENT,
OR THE SMALLEST ACT OF
CARING, ALL OF WHICH
HAVE THE POTENTIAL TO
TURN A LIFE AROUND."
— LEO BUSCAGLIA